

Are you 13-18 years old?

Do you live or attend school in Sefton?

Would you like to spend time with other young people and have fun?

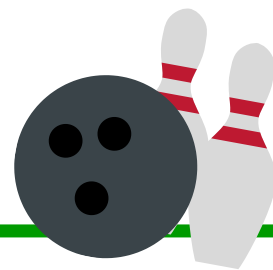
Do you have a disability or additional need?

Buddy Up 



..THEN BUDDY UP IS FOR YOU!

WHAT CAN YOU EXPECT FROM BUDDY UP?



Monthly social clubs



A chance to be more independent



Support from peer mentors



Meet new people



Make friends



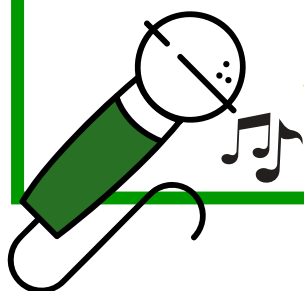
Build confidence



Learn new skills



Group activities during school holidays such as bowling and days at the beach



WANT MORE INFORMATION?

Contact Sefton CVS by:

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