

Looking for support in a mental health crisis?

Crisis Cafe can help...

Improve your
wellbeing

Support in
a crisis

Signpost to
services

Have a cup of tea with us

Support your
recovery



5pm-11pm

Friday, Saturdays
and Sundays

Alchemy Southport
Mornington Road,
Southport,
PR9 0TS

Contact: 0300 323 0197



 **Sefton CVS**
Supporting Local Communities


Mersey Care
NHS Foundation Trust
Community and Mental Health Services


Southport and Formby
Clinical Commissioning Group

Sefton Council 

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