



**Sefton CVS**  
Supporting Local Communities

2022

**Sefton CVS**  
**Impact Report**  
**and Accounts 2022**

Supporting Sefton's voluntary,  
community and faith sector

 @SeftonCVS

"I would have found it a lot harder to keep myself safe if it wasn't for the support of the Crisis Café. They have helped me access longer-term support and helped keep me going at the darkest of times. This service is like no other.....it has gone above and beyond to support me in different ways."

### *Client of the Crisis Cafe*

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"The networks and forums have been invaluable in establishing relationships with partners in Sefton. I have found them to be a place for open, honest discussions and there is clearly a shared desire to support each other within the community and voluntary sector in the borough."

### *We Are With You*

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"Thank you for all your hard work on my behalf - it is very much appreciated."

### *Client of the Community Cancer Navigators*

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"Being involved in networks and forums co-ordinated by CVS is a key part of my role at the Inclusion Network. Not only does it allow organisations to share experiences and best practice it also allows us to build up partnerships, through which we can identify need in the local area and in some cases apply for funding for joint projects."

### *The Inclusion Network*

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"As regular participants in the Thrive network, we appreciate how beneficial it has been to our children and young people's team at RASA Merseyside. For example, we received a grant to assist us in embedding the Thrive approach within the service, and we really value the networking opportunities that the network provides."

### *RASA Merseyside*

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"I was very pleased to receive notification that the cafe was successful in its bid for funding. Thank you for all your help and support."

### *Kindhearts Café*

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# Foreword

**The continued impact of the pandemic and the new uncertainties presented by the cost of living crisis are key themes throughout this CVS impact report for 2021/22.**

During the year CVS continued to be mobilised as part of a multi-agency partnership effort to support communities in reopening and reconnecting, promote vaccination campaigns and shape our own services and those of the wider sector to new and more complex demands.

This report details our work in health and social care, the expansion of our Social Prescribing Service, the opening of our first Crisis Café in Southport and the ongoing activities of the hospital discharge and health trainer services.

It also focuses on our work in building capacity within the sector through the Volunteer Centre, community accountancy, charity/enterprise start-up and funding advice and skills development, all of which continue to be in high demand.

We have been an active strategic partner in shaping the new place-based integrated care partnership and the formation of the Sefton Partnership Board, working together as the policy and priority setting has taken shape.

We also continue to support anti-poverty interventions through the work of the Welfare Reform and Anti-Poverty Partnership (WRAP) and supporting Sefton Council's lead on the development of a new Child Poverty Strategy.

At a regional level, Sefton CVS continues to be an active partner through VS6 in promoting the sector's engagement with the Liverpool City Region structures, the Combined Authority, the Metro Mayor and Local Enterprise Partnership (LEP).

Responding to the international crisis in Afghanistan we worked with Sefton Council and VCF sector partners in helping Afghan refugees to resettle in the borough. Following Russia's invasion of Ukraine we were part of the partner mobilisation to support the Homes for Ukraine scheme.

CVS also expanded its grant-making administration function during the year, helping to ensure that VCF sector organisations gained access to funding through schemes including the Community Champions Fund, Living Well Sefton grants, Sefton 4 Good, Winter Access grants, Sefton In Mind, perinatal grants and Heritage Lottery grants.

We also promoted Sefton's Platinum Jubilee celebrations with a joint grants programme enabling communities to come together and recognise the late Queen's outstanding public service over 70 years.

The strength and vibrancy of our local VCF sector has been critical in supporting our local partners and communities through such unprecedented events, with more challenges ahead. Having a sustained and well-maintained sector is vital to ensure residents are protected, particularly those who are most vulnerable.

Thank you to our President and Patrons, the CVS Board and especially our staff and volunteers for their continued dedication and hard work through these challenging times.

We are also very grateful to our key funders and partners who have shown their continued commitment to us.

We are continually grateful for the dynamism and commitment of the VCF sector organisations, staff and volunteers who are vital contributors to the wellbeing of our local communities.

*Liz Barnett*

Chair

*Angela White OBE FRSA*

Chief Executive

**October 2022**

# Introduction

## Mission

Our mission is to promote and assist voluntary, community and faith (VCF) sector activity.

## Vision

Our vision is to develop a vibrant voluntary, community and faith sector that encourages and supports independent, resilient and sustainable communities.

## Values

### Our guiding principles are to:

- Put Sefton people, places and organisations at the heart of what we do.
- Be open and fair in our transactions.
- Take responsibility and be accountable for our actions.
- Promote equality, diversity and cohesion through our activities.
- Support the most vulnerable people in our communities.
- Seek solutions, not problems.
- Be prepared to listen and learn.
- Operate ethically, honestly and with the highest standards of integrity.

## Activities

### Our key activities are to:

- Provide support services to the VCF sector.
- Promote partnerships within the sector, and between the VCF sector and other sectors.
- Provide a channel through which the VCF sector is represented.
- Develop new ideas, strategies and organisations.
- Support and develop volunteering opportunities.
- Promote equality of opportunity and access, and the value of diversity.

## Approach

### The key elements of our approach are to:

#### Start where people are at

We encourage grassroots social action and community-led service delivery by helping local people to set up and develop robust projects, groups and social enterprises.

#### Pull in others and link it up

We operate as a sector champion, bringing together often diverse groups and organisations to network and collaborate more effectively.

#### Do more and do it better

We support and train local community organisations to improve their effectiveness, quality, reach, sustainability and social impact.

#### Innovate and pass it on

We help to spot gaps in provision and fill them by brokering creative solutions, leveraging in resources and developing new initiatives.

#### Promote

We promote the positive and progressive values of the VCF sector, and highlight the added value of community-led and delivered services.

### Sefton CVS holds the following quality assurance marks and training accreditations:

- NAVCA Quality Award
- Volunteer Centre Quality Assurance
- Navajo (LGBTIQ-friendly) Charter Mark
- Workplace Wellbeing Charter
- Disability Confident Employer
- Open Awards Approved Centre
- Recognised Centre Royal Society for Public Health (RSPH)
- Recognised Centre for Mental Health First Aid

# Strategic leadership and partnership

**Sefton CVS is a key agency in strategic partnerships and interventions in the borough addressing local priorities through the work of the Partnership Boards, Health and Wellbeing Board and Children's Board.**

CVS is also recognised as a key non-statutory partner within Sefton Local Safeguarding Children's Board and Sefton Safeguarding Adults Board which was established during the year.

In addition, CVS works closely with Sefton Council, Sefton's Clinical Commissioning Groups (CCGs), the Primary Care Networks (PCNs) and the borough's thematic planning groups to support local commissioning priorities. Sefton CVS is also a partner in sector engagement and developing initiatives across the Liverpool City Region with VS6, and across the wider North West with Voluntary Sector North West.

## Key features of this and other strategic work during the year included:

- Continuing to engage with the Sefton Council and CCG task groups set up to tackle the pandemic, while also adapting to the 'new normal' environment as Covid-19 restrictions eased.
- Continuing to support and contribute to the various pandemic task groups including the Outbreak Management Board, Community and Vulnerable People's Cell and Covid-19 Mass Vaccination Strategy Group.
- Continuing to provide responses to residents on Covid-19 issues arising from Sefton Council call centre referrals, including supporting interventions around vaccine hesitancy and vaccine volunteers.
- Participation in ongoing work streams relating to community resilience, transformation and integration, and advocating the vital role that both the funded and unfunded sector play in addressing the priorities of statutory partners and providing services and support to Sefton residents.
- Reinstating in-person activities and services for projects which had moved to remote working, as Covid-19 lockdown restrictions eased.
- Facilitating sector networks and forums, involving both groups and individuals, as a consultation and engagement conduit, participating in public policy and developing and shaping local services.
- Involvement in a range of Sefton Council work programmes including the Health and Wellbeing Board and emerging Integrated Care Programme Development Group. Also engaging in the work of the Consultation and Engagement Panel, Community Safety Partnership, Sefton Leadership Collaborative Multi-agency Group and Sefton Adult Forum.
- Participating in other work programmes relating to children, young people and families including the Corporate Parenting Board, SEND Improvement Board, Children and Young People's Partnership Board, Youth Offending Service Management Board, Early Help Partnership Board, Emotional Health and Wellbeing Board and Sexual Health Partnership.
- Continued involvement as Chair of the multi-agency Welfare Reform and Anti-poverty Partnership (WRAP), and making a significant contribution to work on developing a Child Poverty Strategy and efforts to increase food programmes locally to those who are the most vulnerable.
- Continued engagement in the process to establish a new ICP place-based partnership as part of the wider reshaping of the health system. Support was provided throughout the year towards the development of a PBP dashboard and indicators which reflect the VCF sector's contribution towards local priorities.
- Launching the Sefton VCF: At the Frontline of Innovation document in March 2022. Funds were received from the NHS Sefton Clinical Commissioning Groups to progress recommendations in the document, with oversight from the VCF Advisory Group.
- Delivering MECC (Making Every Contact Count) training to the wider workforce, including elected members, Sefton Council staff, GP practices, the DWP and the VCF sector.
- Facilitating participation and engagement mechanisms with the equalities groups, the Young Advisers, SYMBOL and the Youth Cabinet as conduits to our public sector partners.
- Facilitating the New Realities Steering Group and taking the lead on a refresh of the New Realities vision document launched during the year.

- Providing VCF sector representation and advice to the NHS Shaping Care Together programme.
- Supporting multi-agency work linked to the emerging humanitarian crisis in Ukraine including establishing a VCF sector hub of organisations including Crosby Methodist Circuit and Compassion Acts who set up welcome centres.
- Introducing a new customer relationship management tool, Civi CRM, to improve reporting processes.
- Participation by the Chief Executive as a member of the Sefton Lieutenancy Panel, providing advice and updates on the VCF sector to the Deputy Lieutenants of Merseyside covering Sefton.
- Co-ordinating a range of services delivered by Living Well Sefton, an integrated wellness service commissioned by Public Health, including additional signposting activities offered in response to the pandemic.
- In partnership with VOLA, continuing to deliver the Include-IT Mersey digital inclusion programme through a Liverpool City Region collaborative of RSLs and VCF sector organisations.
- Hosting the CVS Climate Action in Sefton virtual conference in December 2021 attended by representatives of 58 organisations. Guest speakers

included Metro Mayor Steve Rotheram and Eden Project Energy and Sustainability Manager, Charles Sainsbury.

- Working as an active member of the VS6 which is a focal point for VCF and social enterprise infrastructure/support providers to debate, influence and shape policy at the Liverpool City Region level. The Sefton CVS CEO is the third sector representative on the Liverpool City Region Local Enterprise Board.
- Supporting the delivery of activities by the Liverpool City Region Dementia Friendly Advisory Group to raise awareness of dementia and the support available to people affected by the condition.
- Working in partnership with the other four CVS organisations on Merseyside as part of a sub-regional network, and this year co-ordinating engagement relating to the development of regional NHS structures to ensure the involvement of the VCF sector and local communities.
- Through the Chief Executive, acting as the Merseyside Local Liaison Lead to the NAVCA Emergency Response, linking in to the National Emergency Response Partnership.

## Grants administration

**During the course of 2021/22 Sefton CVS secured and administered a number of grant schemes for a wide range of funders.**

**They included:**

- National Lottery Heritage Fund - £28,045 was awarded to 18 organisations with the aim of getting more people involved in heritage activities, and to identify and better explain Sefton's heritage to local residents through the Communities Within Communities Project.
- Sefton In Mind 18-25 years - working in partnership with Sefton Public Health Team and Sefton's CCGs £114,000 was awarded to ten organisations to deliver activities focused on improving the mental health and wellbeing of Sefton residents in this age group.
- Winter Access Grants - again working in partnership with Sefton's CCGs, £66,924 was awarded to 21 organisations to deliver projects which aimed to improve the mental health and wellbeing of Sefton residents.
- The Community Champions Fund awarded 51 grants totalling £99,617 to groups providing support to vulnerable residents in Sefton.

- Winter Clothing - in partnership with Sefton Council £48,000 was distributed via nine VCF sector organisations to provide winter clothing and essentials to 480 recipients in total.
- Perinatal Grants - in partnership with Cheshire and Merseyside Women and Children's Partnership and Sefton's CCGs £38,000 was awarded to five VCF organisations to support women and their families who had recently given birth.
- During the final months of 2021/22 preparatory work was undertaken on a new grant scheme - the Queen's Platinum Jubilee Fund - which enabled Sefton VCF sector groups to apply for funding to deliver social and community activities as part of Her Majesty's Jubilee celebrations.

# £1.2 million

issued to the sector from grants and contracts administered by Sefton CVS.

# Support for groups

## Organisational development and capacity building

This capacity building service provides support to local people looking to establish new projects and groups, and also helps existing organisations to improve their effectiveness. It also encourages groups to collaborate more widely.

Groups can access support with a wide range of issues including charity or social/community enterprise start-up, acquiring and managing community assets, governance and leadership, achieving quality standards, social impact, project development, applying for funding, policy development, training, accountancy services and volunteer development.

### Key activities during 2021/22 included:

- Handling 974 intensive cases of capacity building and customised support with 317 groups. 28 per cent of these groups had an annual income of under £10k and 46 per cent between £10k and £100k. The work areas of groups who received this support included adult health and wellbeing (14 per cent), community safety and vulnerable people (16 per cent), children, young people and families (19 per cent), the environment (11 per cent) and sport, recreation, art and culture (25 per cent).
- Hosting 11 'meet the funder' events, connecting 110 attendees with representatives of local, regional and national funders.
- Holding a workshop which sought to improve the bid writing skills of 11 attendees.
- Developing and launching an online Business Recovery Toolkit, funded by the National Lottery Communities Fund, to provide support to VCF sector organisations adversely affected by the Covid-19 pandemic.
- Providing support to faith organisations and arts and cultural groups through facilitated networks. The Faith Network meeting on four occasions and the Performers Network on five.



## £1.9 million

of funding secured for Sefton VCF sector groups with the support of Sefton CVS.

## Funding advice and information

The funding advice and information function helps VCF sector organisations to access funding opportunities from sources including charitable trusts and commissioners that enables them to become more sustainable by improving their financial security and capacity.

CVS staff work closely with local, regional and national trusts and grant makers to ensure their criteria are widely available to potential applicants via one-to-one advice sessions, meet the funder surgeries and the Merseyside Funding Information Portal.

The service provides support with developing proposals to bid status, compiling evidence and data, final submission and advice on managing and monitoring the grants once awarded.

# 974

intensive cases of capacity building support handled for 317 VCF groups.



### Key activities during 2021/22 included:

- Helping the Sefton VCF sector to secure £1.9 million in known funding applications during the year, including bids to support Covid-19 responses. A further £195,000 of bids were awaiting decisions at the year-end.
- Managing the Merseyside Funding Information Portal website which attracted more than 25,000 unique visitors and generated more than 104,000 views during the year.
- Providing bespoke support to Sefton organisations making submissions to the Big Lottery programmes, helping groups to apply for £788,000 from the Reaching Communities Fund.
- Providing bespoke support to groups applying to the Burbo Bank Extension Fund which awarded £121,000 to Sefton VCF sector organisations.
- Organising remote funding surgeries involving a range of grant makers including the National Lottery Community Fund, Heritage Fund, Together Our Planet Fund, Merseyside Waste Recycling Authority, Sefton Platinum Jubilee Fund, Arts Council England, PH Holt Community Foundation and the Canal and River Trust.
- Participating in the work of the Merseyside Charitable Trusts Group and the Merseyside Funders Advice Network.



## Community accountancy

The community accountancy function provides a range of services for the VCF sector including payroll management, bookkeeping, preparing annual accounts and producing budgets and forecasts. The team also offer advice on issues such as VAT and Gift Aid, and provide intensive support to VCF groups in financial crisis.

During the pandemic additional support was provided to groups applying for the Coronavirus Job Retention Scheme and those intending to furlough staff.

1,432  
individuals benefited from training opportunities provided by Sefton CVS.

### Key activities during 2021/22 included:

- Providing accountancy services to 100 groups, 57 per cent of which had incomes of under £100k.
- Preparing annual accounts for 56 VCF sector organisations, and carrying out independent examinations for 12 groups.
- Providing a payroll bureau service for 30 VCF sector organisations, and a pensions service for 16 groups.
- Undertaking bookkeeping services for 23 VCF sector groups.

## Training and skills

The Sefton CVS Training and Skills Programme builds the knowledge and skills of the VCF sector workforce, thereby strengthening the capability and capacity of the organisations they work for to sustain and grow their operations.

### Key activities during 2021/22 included:

- Providing training opportunities that benefited a total of 1,432 individuals.
- Delivering 32 online training opportunities via Zoom to 273 people.
- Providing accredited online safeguarding training to 223 individuals.
- Helping 394 people to achieve accreditation via courses facilitated by CVS including e-learning packages on child protection, vulnerable adults, equality and diversity and health and safety.
- Supporting 55 individuals with the successful completion of accredited mental health first aid courses.
- Delivering more than 20 training courses and masterclasses on a wide range of topics including mental health, suicide awareness, volunteer recruitment, hate crime, dementia and equality and diversity.

# Volunteering/Sefton 4 Good

**Volunteer Centre Sefton supports volunteers, and the organisations that recruit volunteers, by providing a brokerage service that matches local people to organisations with volunteering opportunities.**

The centre also provides bespoke support to organisations deploying volunteers, including good practice guides, advice on policies and procedures and training and support with developing new initiatives involving volunteers.

## Key activities during 2021/22 included:

- Advertising 207 volunteering opportunities from 410 organisations on the Volunteer Centre Sefton website during the year.
- Hosting two Volunteer Forum meetings involving 18 organisations, with the focus on resuming volunteer roles and activities as Covid-19 restrictions were eased.
- Providing bespoke support to 31 organisations during the year around issues including volunteer management (29 per cent of enquiries), volunteer recognition and celebration (35 per cent) and training (6 per cent).
- To mark Volunteers' Week, hosting an online volunteer celebration event to recognise the invaluable contribution of volunteers in Sefton during the Covid-19 pandemic. Virtual guests included Mayor of Sefton Clare Louise Carragher and High Sheriff of Merseyside Nigel Lanceley.
- Issuing 498 'thank you' certificates to volunteers recognising a total of 69,459 hours of volunteering. Based on the average wage in Sefton, this equates to an economic contribution to the borough of £920,000 during the year.
- Continuing to support calls for action for volunteers for Covid response and vaccination which generated 1,415 sign-ups to support the pandemic response.
- Presenting 300 frontline volunteers with glass awards recognising their community response during Covid.

## Sefton 4 Good

Sefton 4 Good supports philanthropy and local giving in the borough, primarily through an online presence. The project encourages local people and organisations to donate their money, skills, time or resources to support Sefton-based good causes.

These good causes also have the opportunity to maximise their fundraising by routing it through Sefton 4 Good which can claim Gift Aid on their behalf.

**£920,000** ✓

of volunteering hours recognised by the volunteer certificate scheme.

## Key activities during 2021/22 included:

- Raising online donations for Covid-19 response work which enabled grants to be given to South Sefton Foodbank, Compassion Acts, the Brighter Living Partnership and Formby Football Club to support food and meal provision across the borough.
- Collating, storing and distributing 16,500 pieces of donated PPE to 31 organisations across the borough.
- Launching the Sefton Afghan Appeal in partnership with Sefton Council which raised almost £6,000. With organisational support from Southport Links Rotary Afghan families arriving in the borough were issued with donated items and vouchers.
- Preparing during March 2022 for the launch of the Sefton Ukraine Welcome Appeal which went live in early April.
- Organising the annual Jumpers 4 Good Christmas fundraising campaign.

# Criminal Justice

The aim of Sefton CVS's work in this field is to provide strategic leadership within the VCF sector, and to be a conduit to partners and interpret policy relating to the criminal justice system, community safety and Reducing Reoffending.

It involves working with key partners within Merseyside Police, the Office of the Police and Crime Commissioner, HM Prison Service and Sefton Council.

## Merseyside Offender Mentoring Project

This project - a Queen's Award for Voluntary Service recipient - provides mentoring and befriending support to offenders before and after release from HMP Liverpool, with the aim of helping them to resettle positively back into the community.

A comprehensive tailored service is provided to assist offenders with overcoming any barriers they face, with the objective of reducing reoffending rates significantly, and thus the impact on the wider community.

In 2021/22 the project was funded by a range of agencies and charitable trusts including the National Lottery Fund, Merseyside Police (Violence Reduction Partnership), the John Armitage Charitable Trust, Achieve North West Connect and the Virtual Resettlement Board HMP Liverpool. The project has secured extended funding from the National Lottery Fund until 2026.

### Key activities during 2021/22 included:

- Adapting the way services were delivered in response to the coronavirus restrictions. As new Covid-19 waves and variants were identified, in-person visits to the prison were suspended and telephone sessions introduced instead.
- Successfully matching 162 ex-offenders with a volunteer mentor.
- Recruiting and training 72 new volunteer mentors.
- Providing more than 10,000 hours of support to offenders during the Covid-19 lockdowns.
- Maintaining a 17 per cent reoffending rate in 2021/22 for those who engaged with the project and subsequently returned to prison – less than half of the national average of 44 per cent.
- Co-ordinating Pathway for Assisting Life (PAL) training for volunteers to raise awareness of issues around suicide intervention.
- Attending employment events at Liverpool University to discuss opportunities within the criminal justice system for students.

- Regularly attending HMP Liverpool Partnership meetings, Integrated Offender Management meetings and the local Resettlement Boards.

## HMP Liverpool Liaison Work

Sefton CVS's Partnership Liaison Officer works within HMP Liverpool to broker relationships with a diverse range of VCF and enterprise sector organisations that can help to support an offender's resettlement journey.

Sefton CVS co-ordinates applications and referrals to a range of partnership services and facilitates the delivery of interventions.

Sefton CVS also works strategically within the prison with offender pathway leads and key staff to support and develop VCF sector partnership work, with the aim of reducing the likelihood of reoffending.

### Key activities during 2021/22 included:

- Supporting the prison's Covid-19 recovery plan by providing input to risk assessments and adapting activities in line with national requirements, and promoting the re-introduction of social activities such as football and support groups.
- Launching a Nurturing Programme in partnership with Liverpool City Council for prisoners with children aged 0-18. The ten-week course aimed to highlight and prevent the repetition of adverse childhood experiences that could lead to intergenerational reoffending.
- Co-ordinating four offender participant forums during the year focusing on disabilities, LGBTQ+, BAME and care leaver and care experienced prisoners.
- Introducing the Everton in the Community Diabetes Prevention Project in the prison, a 12-week intervention for men who were identified as being 'pre-diabetic'.
- Successfully securing funding of £12,000 to create a new therapeutic environment within the prison setting.

# Equalities

**Sefton Equalities Team works with partners to reduce inequalities in the borough by supporting and enabling partners to meet their requirements under the Equalities Act 2010 legislation.**

It also provides a conduit through which Sefton's protected groups can gain access to, and participate in, decision making, consultation and engagement.

## Key activities during 2021/22 included:

- Adopting the Combined Authorities Race Equality Strategy and initiating the development of a subsequent action plan.
- Delivering equality and diversity training to Sefton CVS staff and teams from two external organisations.
- Members of the CVS Equalities Steering Group meeting to ensure implementation of the Navajo Action Plan and prepare for the Navajo Charter Mark reassessment. CVS subsequently retained the Charter Mark in spring 2022.
- Delivering two sessions of cultural competency training to staff teams at Southport and Formby Clinical Commissioning Group.
- Supporting the In-Trust and Equal Voice networks and enabling members to keep in touch virtually during the year because of Covid-19 restrictions.
- Participating in Sefton Hate Crime Joint Action Group meetings, providing advice and support on common areas of work.
- Hosting regular asylum seeker surgeries with NHS GPs at Thornton and Netherton health centres. Migrant surgeries were also held in the north of the borough.
- Ongoing support for football's Show Racism the Red Card initiative and attending the inaugural North West Show Racism the Red Card event.
- Developing a new relationship with Liverpool Pride to support work with Sefton's LGBTQ+ community.
- Delivering training in response to the new hate crime reporting that was introduced in Sefton during the year.



2,064

interventions handled for 495 BAME residents/migrants during the year.



## BAME Community Development Service

This project provides intensive one-to-one support to vulnerable members of Sefton's BAME communities who are experiencing mental health issues.

### Key activities during 2021/22 included:

- Delivering 2,064 interventions for 495 BAME residents/migrants from ten different nationalities. The three most common issues were again mental health, legal matters and safeguarding.
- Working with a total of 143 new clients during the year, with most referrals coming via the NHS.
- Undertaking work with York Associates on the delivery of train-the-trainer sessions for BAME communities around engagement and social inclusion.
- Supporting PC24 GP and NHS walk-in centre staff with the vaccination programme for BAME residents.
- Taking part in multi-agency work to support the GP registration of 127 asylum seekers in Southport.
- Providing support to Ukrainian and Russian clients following the start of the conflict between the two countries in February 2022.

127

asylum seekers supported with GP registration in Southport.

# Children, young people and families

**This area of the work of Sefton CVS involves the development of a co-ordinated, strategic approach to local services, seeking to embed best practice to deliver quality outcomes for children, young people and families, with a focus on multi-agency working and integrated processes.**

The Every Child Matters Forum, which has 428 members, facilitates VCF sector representation, enabling the sector to provide service solutions to the needs and priorities identified locally and nationally.

## Key activities during 2021/22 included:

- Facilitating five meetings of the Every Child Matters Forum and supporting the sector's response to themes including Sefton's Local Strategy, detached youth work, child on parent violence, child poverty and increasing MMR immunisation rates.
- Providing sector representation on a range of strategic and task groups linked to work areas including safeguarding, children with additional needs, early help and emotional health and wellbeing.
- Active involvement in the Local Safeguarding Children's Board structures and work streams including policy, training, early help, mental health support and Sefton's model of practice.
- The replacement of the Children's and Young People's Emotional Health and Wellbeing Network with the new Thrive Network. Members had the opportunity to apply for small grants and access free training to support the implementation of Thrive.
- Co-ordination of the Sefton Emotional Achievement Service (SEAS), a partnership of charities working collaboratively to deliver bespoke emotional wellbeing support to children, young people, families and schools.
- Co-ordination of Buddy Up, a mentoring and befriending project for young people (aged 13-18) with special educational needs and disabilities. 47 young people received 1,540 hours of support during the year, adapted in line with the pandemic restrictions as appropriate.
- Providing DBS checks for local VCF sector staff and volunteers, processing 172 disclosures for 20 organisations during the year.
- Co-ordinating 163 referrals for Southport and Birkdale Provident Society grants for vulnerable families.
- Facilitation of the Children With Additional Needs (CWAN) Network which helps VCF sector organisations to provide support to children, young people and families and engage services.
- Providing ongoing support to Sefton's Early Help Level 2 Pilot, a partnership between Sefton Council, Venus and Parenting 2000. CVS provided input into planning to avoid risk and to reduce the number of inappropriate referrals to the service.



428 members are involved in the work of the Every Child Matters Forum.

172

DBS checks processed for 20 VCF sector organisations during the year.



## Sefton Young Advisors

Sefton CVS employs 14 Young Advisors aged from 15-23 to show community leaders and decision makers how to engage young people in community life.

They help organisations to 'youth proof' their practices, policies, strategies and commissioning, and engage directly with other young people to get them involved. The Young Advisors have gained local, regional and national recognition for their work through a range of awards and commendations.

### Key activities during 2021/22 included:

- Representing the interests of young people at strategic meetings including the Healthwatch Sefton Steering Group, Sefton Children's and Young People's Board, Sefton's Education and Mental Health Group, the Every Child Matters Forum, the Public Engagement and Consultation Panel, the Youth Providers Network and the Thrive Network.
- Designing and delivering 11 consultations and six training/workshop sessions.
- Working with Sefton's Public Health Team to create a child-friendly version of the Emotional Health and Wellbeing Strategy.
- Supporting the Violence Reduction Partnership with gathering the views of young people across Sefton on substance misuse and mental health issues. 182 responses were received and a report created to summarise the findings.
- Hosting a virtual discussion, on behalf of Lord Bird MBE, around the Welfare of Future Generations Bill.
- Creating a video in which the Young Advisors voiced the words of young Sefton residents talking about their experiences with mental health services.
- Planning and facilitating two meetings of SYMBOL (Sefton Youth Making Better Opportunities with Leaders) in July and November. The themes of these events were climate change, Sefton Council's youth offer, mental health services for young people in the borough and online community wellbeing.
- Receiving two national awards – Isabella Heeley was honoured as Young Advisor of the Year and the team's work with Sefton Council on the Sefton Your Streets initiative was recognised as Community Project of the Year.



1,540

hours of support provided by Buddy Up to young people with special needs or disabilities.



2

prestigious national awards honoured the work of the Sefton Young Advisors.

# Health and wellbeing

Sefton CVS co-ordinates and facilitates the response of the VCF sector in Sefton to local and national health priorities, and also supports the sector's engagement with key partners and commissioners on developing solutions to these priorities in the borough.

As part of this work CVS also co-ordinates the Health and Social Care Forum which currently has a membership of 160 VCF sector organisations.

## Key activities during 2021/22 included:

- Facilitating five meetings of the Health and Social Care Forum and co-ordinating the VCF sector's engagement in agendas including Integrated Care System developments, VCF NHS Transformation narratives, Health and Social Care Partnership developments and Sefton Council's Day Opportunities Transformation.
- Sefton In Mind hosting seven meetings during the year to progress issues including VCF sector involvement in local mental health transformation work, the launch of a Sefton mental health services directory and awarding a number of small grants.
- Ongoing strategic engagement through the Adult Forum and via this the Sefton Health and Wellbeing Board.
- Supporting Dementia Friends work by preparing a video to be shared during Dementia Action Week and delivering Dementia Friends training.
- Providing strategic representation to and participation in the Suicide Prevention Partnership.
- Introducing two important new services – an Enhanced Care at Home Social Prescribing Link Workers Service and new Crisis Café provision to provide a safe place for people to go to improve their mental wellbeing.

£99,617

awarded by the Community Champions Fund to groups supporting vulnerable residents.



clients interacted with Living Well Sefton, 1,581 for the first time.

## Strand By Me

Strand by Me is a community signposting and health facility in Bootle's Strand shopping centre.

It provides residents with a pop-up shop where on a weekly basis partners can run events, advertise their services, conduct health checks, offer information and advice and host drop-in services.

After being closed due to the coronavirus pandemic the shop reopened during the year following the recruitment of a dedicated Manager to oversee its day-to-day operations. Members of the public have subsequently been able to access a wide range of support on topics including Covid-19, healthy lifestyles and affordable warmth.

## Living Well Sefton

Living Well Sefton works to protect and enhance the health and wellbeing of Sefton residents, focusing in particular on health inequalities.

The emphasis is on prevention and early intervention, and working with a broad range of partners to meet the needs of local people by enabling them to access the services they need easily.

The service provides tailored support and interventions delivered in community venues across the borough. Living Well Sefton is also fully integrated with the clinical Stop Smoking Service and Weight Management Service.

The overall aim of the service is to enable Sefton residents to live well by addressing the factors that influence their health, helping them to be independent, resilient and support both themselves and the people around them.

Sefton CVS is the lead partner in the initiative in a consortium model with the May Logan Centre, Netherton Feelgood Factory, Brighter Living Partnership, Citizens Advice Sefton, Sefton Carers' Centre, SmokeFree Sefton and Active Lifestyles, in addition to more than 20 other Living Well Sefton neighbourhood partners.

### Key activities during 2021/22 included:

- 4,803 clients interacting with the service, 1,581 of them for the first time.
- 91 per cent of clients completing either a Universal Consultation or a brief intervention.
- Delivering 11 training sessions to a range of VCF sector organisations on topics including Making Every Contact Count, Weigh Forward Train the Trainer and Citizens Advice.
- Making 336 interventions via the 0300 phone line.
- Administering the Community Champions Fund which awarded 51 grants totalling £99,617 to groups providing support to vulnerable residents in Sefton.
- Working in partnership with Sefton's CCGs to create additional bereavement counselling service capacity, a need identified by Living Well Sefton.
- Continuing to offer coronavirus-related signposting support to residents referred via Sefton Council's Contact Centre. Support was provided to residents required to shield and others who needed help with activities including shopping, collecting medication and social contact.
- Making 347 referrals to the Community Connectors service to help residents who needed support with activities and issues such as shopping, prescriptions, telephone befriending, financial advice and assistance, carers advice, long-term condition support and foodbank needs.
- Providing 1,656 wellbeing calls to clients throughout the year.



6,483

interventions delivered by members of the Health Trainers team during the year.

## Social Prescribing Service

The Social Prescribing Service has a team of 18 workers across Sefton and works closely with the local primary care networks to improve the wellbeing of isolated and vulnerable people by helping them to access the wide range of community support available.

### Key activities during 2021/22 included:

- Handling 1,199 referrals during the year.
- Building partnerships with the new NHS teams operating across the borough, particularly the Enhanced Care at Home Co-ordinators and Trainee Associate Psychological Practitioners. Regular meetings have been set up and both teams have taken part in shadowing opportunities.
- South Sefton staff establishing links with the Mental Health Hub, providing an opportunity to meet local mental health leads, discuss referral pathways for mental health support and arrange regular update meetings.
- Supporting a pilot initiative with Concept House Surgery, Bootle, to introduce a new way of working with homeless people and those without access to phones and technology.
- Developing an Easy Read document to help support clients with learning difficulties in Seaforth and Litherland.
- Producing reports which highlighted gaps in service provision to Sefton's Clinical Commissioning Groups and resulted in additional funding being made available for bereavement counselling services.
- Contributing to a year-long project with NHS England and the Professional Records Standards Body to help produce a minimum data standard for social prescribers. The team was invited to present on the subject at the Digital Healthcare Show in London after the year-end.



## Reablement Service

The Reablement Service provides rehabilitative support to clients to enable them to return to full independence. This includes interventions for timely and safe discharge from hospital, and the assessment of needs to avoid unnecessary dependence on more acute, long-term services.

The services are delivered by the South Sefton Health and Wellbeing Trainers and the High Intensity User Service.

### Key activities during 2021/22 included:

- 694 referrals being received by the Health and Wellbeing Trainers.
- 6,483 interventions being delivered by the Health Trainers team. The most common areas that clients required support with were social inclusion, confidence building, finding suitable accommodation and financial matters.
- Clients setting a total of 1,067 personal goals during the year, of which 692 (64 per cent) were met with the support of the Health Trainers.
- Continuing to work with clients who have a wide range of complex issues with support from the Integrated Care Team of professionals.

## High Intensity User Service

This CCG-funded initiative aims to reduce A&E attendances and admissions by individuals identified as 'frequent attenders'. The project aims to address the underlying causes for presenting at A&E.

### Key activities during 2021/22 included:

- Intensive work with 38 people to reduce A&E attendances and hospital admissions.
- Participating in the national High Intensity Users Support Group and receiving updates on strategies and best practice from HIU leads across the country.
- Working in partnership with GPs, Community Connectors, adult social care providers and care homes to arrange multi-disciplinary team meetings to create effective care plans and maximise outcomes for clients, focusing in particular on hospital discharge and short-term respite care.
- Receiving feedback indicating that 95 per cent of patients rated the service as 'excellent' and felt that it met their needs.

38

people received in-depth support from members of the High Intensity User Service team.

## Crisis Cafés

Our new Crisis Café opened in Southport in summer 2021, offering out-of-hours support to anyone experiencing a mental health crisis in Sefton.

The service provides drop-in sessions from 5pm-11pm on Fridays, Saturdays and Sundays to give borough residents aged 18 and above a place of safety as an alternative to attending A&E.

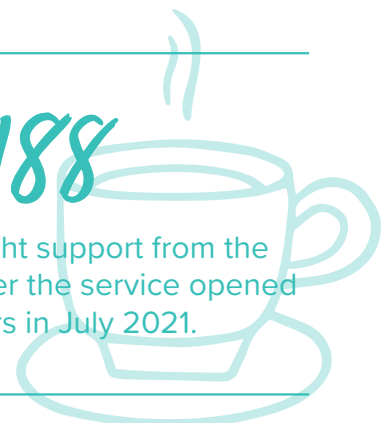
Team members offer one-to-one support and a social space with refreshments in order to reduce distress and better manage crisis situations. Support can also be provided by phone, email or Zoom.

### Key activities during 2021/22 included:

- Recording 188 visits since the service opened its doors in July 2021. Around 50 per cent of these people were experiencing a mental health crisis and of these about a half attended again after the crisis to maintain their wellbeing.
- Providing telephone support to 118 people.
- Undertaking preparatory work to establish a second Crisis Café in Crosby which opened its doors shortly after the year-end.

188

people sought support from the Crisis Cafe after the service opened its doors in July 2021.



## Community Cancer Navigators

The Community Cancer Navigators offer holistic care assessments, identification of needs or concerns, care planning and navigation for people living with cancer across all settings.

### Key activities during 2021/22 included:

- 271 cases being referred to the project. Referrals came predominantly from Aintree Clinical Nurse Specialists, the Aintree Virtual Wellbeing Team Lead Nurse, GPs, the Sefton CVS Signposting Team and self-referrals.
- Supporting 111 people with the process of applying for essential benefits.
- Helping clients to access a total of £11,200 in Macmillan grants.
- Adopting the local EMIS system enabling the team to receive managed referrals from GPs through the use of an ICT referral form.

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# 271

residents affected by cancer  
received support from the  
Community Cancer Navigators.

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## Hospital Discharge Service

The Hospital Discharge Service (HDS), established in 2020, accepts referrals from health and social care professionals and self-referrals from any Sefton resident aged 18 and above who has little or no support at home. The service provides free practical support for up to six weeks after discharge from a hospital setting.

This support includes ensuring that patients have basic provisions in their home, help with accessing assistive technology and carrying out basic risk assessments to ensure accommodation is suitable to meet a patient's needs.

The HDS team also help patients to maximise their income through signposting to other services, for example specialist benefits and debt advice.

### Key activities during 2021/22 included:

- Handling 137 cases referred to the project during the year.
- Providing support including shopping, emotional support, assistance with completing benefit applications, helping to build patients' confidence and self-esteem and making referrals to adult social care, occupational therapists and continence teams as required.
- Supporting patients referred to the project with achieving 587 individual goals/tasks.
- Signposting patients on 587 occasions to more than 20 services including housing, care providers, shopping delivery services, Macmillan Cancer Support and NHS services.

## Healthwatch

Sefton CVS employs the management teams of both Healthwatch Sefton and Healthwatch Knowsley who report to their respective Boards. Each organisation produces its own annual report. Healthwatch operates throughout England as the consumer champion for health and social care.

# Southport Community Centre

Southport Community Centre in the town's Norwood area works closely with the Brighter Living Partnership to provide local access to voluntary, community and faith sector services across north Sefton.

Prior to the pandemic the centre had been welcoming more than 6,000 visitors and users a year, but it was closed to the public throughout the 2020/21 financial year because of Covid restrictions.

## Key activities during 2021/22 included:

- Reopening the centre to members of the public and community groups in summer 2021, in line with national Covid-19 guidance and the bespoke risk assessments in place.
- Carrying out an ICT needs assessment for the centre, resulting in enhanced IT and internet connectivity throughout the building.
- Also improving the ICT facilities available to members of the public via the enhancement of an IT suite.
- Carrying out other improvement work, ongoing safety checks and general maintenance in line with the requirements of the risk schedule.
- Remaining as a community resource to support the local response to Covid-19.

# Include-IT Mersey

Sefton CVS, in collaboration with the VOLA Consortium, delivers the Include-IT Mersey digital inclusion project across the Liverpool City Region. It is part of the Building Better Opportunities programme, co-financed by the National Lottery Community Fund and European Social Fund, which funds projects that tackle poverty and promote social inclusion.

Funding for the project was due to cease in December 2021, but as a result of the project's sustained good performance, the National Lottery confirmed a further investment of £1,185,586 to extend it until June 2023.

## Key activities during 2021/22 included:

- 1,157 unemployed or economically inactive people from across the city region accessing training to support them in developing digital skills. This figure includes 144 Sefton residents.
- 180 volunteer Digital Champions having been recruited to date. 27 of these Digital Champions have progressed into employment.
- 153 leavers progressing to employment, 352 to further training/education and 148 of those who were not looking for work on starting with the project moving into active job search.



# Information and communication

## A key role of Sefton CVS is to disseminate information and provide regular communication with the VCF sector and key stakeholders in the borough.

Using forum bulletins, email updates, social media and the website CVS acts as a key strategic conduit in relation to information dissemination, consultation and engagement, in addition to the many face-to-face contacts made at forum events and conferences during the year.

Sefton CVS also manages the Here For You online directory of around 3,000 services offered by 1,000 VCF sector organisations in the borough which attracted more than 5,000 visitors during the year. Since launching this new and improved platform in 2020, CVS has continued to regularly review and update the listings and add the details of newly-established VCF sector groups and the services they provide.

The Here For You directory has also assisted with the introduction of Sefton CVS's Civi CRM customer relationship management tool, allowing staff members to use the platform to record activities and interventions with organisations.

### Key activities during 2021/22 included:

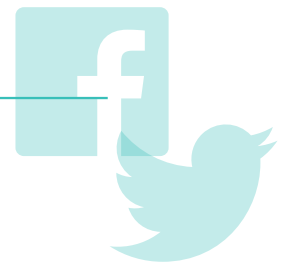
- Hosting a dedicated Covid-19 area on the Sefton CVS website including a wide range of pandemic-related local, regional and national information and advice. This attracted more than 22,000 views.
- Launching the new-look Sefton CVS website in March 2022 — [www.seftoncv.org.uk](http://www.seftoncv.org.uk)
- Sharing more than 150 separate articles on the CVS website including details of events, activities, job vacancies, policy updates and consultations. These generated 71,600 views and 38,000 unique visits.
- Issuing 64 separate Sefton CVS email updates - including information about funding opportunities, regional and national sector news and policy and training and development opportunities - sent to around .820 subscribers per update, 52,480 recipients in total.
- Managing the Sefton CVS Twitter account - @SeftonCVS – which had a total of 5,350 followers at 31st March 2022, an increase of 337 over the 12-month period.
- Posting 395 CVS Tweets during the year, gaining 250,000 impressions and more than 97,000 profile views.
- Managing the Sefton CVS Facebook page (facebook.com/SeftonCVS) which has a total of 1,326 'likes' and 1,372 'followers'.
- Managing an additional 22 Twitter and Facebook accounts for other CVS projects and services which have more than 22,000 followers in total.
- Acting as an information and consultation conduit on a wide range of strategic and operational consultations, including the ongoing promotion of stakeholder engagement activities from partners including Sefton Council, South Sefton CCG and Southport and Formby CCG and regional health consultations including the Health and Social Care Strategy for Cheshire and Merseyside, the LGA's Future of Adult Care Green Paper and most recently the Integrated Care Partnership consultation in partnership with Sefton's two CCGs.

5,000+

visitors accessed the Here For You online directory of VCF sector services during the year.

24

Sefton CVS Facebook and Twitter accounts managed with a total of almost 29,000 followers.



# Treasurer's report/funders

**I have pleasure in presenting the summarised financial statements of Sefton CVS for the financial year 2021/22.**

**Sefton CVS manages various projects and programmes throughout Sefton and, wherever possible, diversifies its funding sources for the development of specific projects.**

This financial year saw an increase in income from £4.1 million in 2020/21 to £4.6 million in 2021/22. Of this income 85 per cent is restricted funding, coming with specific conditions imposed by the donor which are binding on the organisation.

Total expenditure during 2021/22 was £4.22 million. Of this expenditure 85 per cent was spent on services to the sector, work that helps CVS achieve its objectives of promoting and assisting voluntary, community and faith sector activity in the borough. The remaining 15 per cent was spent on support services which include audit, governance, rents and other ancillary items.

The core services of Sefton CVS are highly dependent upon the continued support of Sefton Council. We thank them for their ongoing support.

The Trustees have re-examined the charity's requirements for free reserves and have concluded that, to allow the charity to be managed efficiently and to provide a buffer for uninterrupted services, a reserve of approximately £277,237 should be maintained.

The Finance Sub-committee regularly reviews the organisation's investments, and the performance of the various funds. In 2015 the Trustees took the opportunity to implement a new investment policy which had a clear focus on ethical investments and providing a satisfactory return to enable Sefton CVS to continue to invest in its charitable objectives.

The overall position since the investment was made remains healthily positive, and the gain on investments in the year to 31st March was £17,570, as markets continued to recover from the effect of the pandemic.

*Mark Sonne*

Treasurer on behalf of the Trustees

## Funders 2021/22

- Sefton Council
- NHS South Sefton CCG
- NHS Southport and Formby CCG
- Merseyside Police
- Children in Need
- HM Prison Service
- Achieve North West
- The National Lottery Community Fund
- John Armitage Charitable Trust
- European Social Fund (ESF) and the National Lottery Community Fund (Building Better Opportunities Programme)
- PH Holt Foundation
- Primary Care Networks
- National Association of Voluntary and Community Action (NAVCA)
- Voluntary Sector North West (VSNW)
- Liverpool City Region Combined Authority
- Community Foundation for Merseyside (LCR Cares)
- Heritage Lottery Fund
- The Duchy of Lancaster
- Canal & River Trust
- NHS England
- MerseyCare
- Royal Society Public Health
- HMRC
- DWP

# Financial statement

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
<b>Income from:</b>				
Donations and legacies	579,272	0	579,272	577,495
Charitable activities	102,949	3,995,846	4,098,795	3,558,683
Investments	8,195	0	8,195	7,839
<b>Total income</b>	<b>690,416</b>	<b>3,995,846</b>	<b>4,686,262</b>	<b>4,144,017</b>
<b>Expenditure on:</b>				
Raising funds	11,049	0	11,049	5,730
Charitable activities	664,694	3,545,888	4,210,582	3,682,208
<b>Total expenditure</b>	<b>675,743</b>	<b>3,545,888</b>	<b>4,221,631</b>	<b>3,687,938</b>
<b>Net profit on investments</b>	<b>17,570</b>	<b>0</b>	<b>17,570</b>	<b>137,093</b>
Net income/(expenditure)	32,243	449,958	482,201	593,172
<b>Transfers between funds</b>	<b>(5,236)</b>	<b>5,236</b>	<b>0</b>	<b>0</b>
Net movement in funds	27,007	455,194	482,201	593,172
<b>Reconciliation of funds:</b>				
Funds b/fwd	737,920	864,863	1,602,783	1,009,611
Funds c/fwd	764,927	1,320,057	2,084,984	1,602,783



# Balance sheet

		2022	2021
	£	£	£
<b>Fixed assets</b>			
Tangible assets		17,555	20,555
Investments		609,324	592,343
		626,879	612,898
<b>Current assets</b>			
Debtors	539,657		264,955
Cash at bank and in hand	1,098,655		884,527
	1,638,312		1,149,482
Creditors: Amounts falling due within one year	(180,207)		(159, 597)
Net current assets		1,458,105	989,885
<b>Total assets less current liabilities</b>		<b>2,084,984</b>	<b>1,602,783</b>
<b>Funds of the charity</b>			
Designated funds		487,690	443,711
General fund		277,237	294,209
Total unrestricted funds		764,927	737,920
Restricted funds		1,320,057	864,863
<b>Total funds</b>		<b>2,084,984</b>	<b>1,602,783</b>

*Sefton Council for Voluntary  
Service year ended 31st  
March 2022*

These summarised accounts are an extract from the statutory annual report and accounts of Sefton Council for Voluntary Service for the financial year ended 31st March 2022 which have been audited by BWM.

The auditors have confirmed to the Trustees that these summarised accounts are consistent with the full annual accounts of the charity for the year ended 31st March 2022.

The full annual accounts and Trustees' report of the charity were approved by the Trustees and signed on their behalf on 21st September 2022. They will be submitted to the Charity Commission in November 2022.

Copies of the charity's full annual accounts, the auditor's report on those accounts and the Trustees' report may be obtained from Sefton CVS, 3rd Floor Suite 3B, North Wing, Burlington House, Crosby Road North, Waterloo, Liverpool L22 0LG.

Signed on behalf of the Trustees 21st September 2022.

# Sefton CVS factfile

## Registered Office

3rd Floor Suite 3B, North Wing,  
Burlington House,  
Crosby Road North,  
Waterloo L22 0LG

T 0151 920 0726  
E [mail@seftoncvcs.org.uk](mailto:mail@seftoncvcs.org.uk)  
W [seftoncvcs.org.uk](http://seftoncvcs.org.uk)

## Southport Office

Southport Community Centre  
Norwood Road, Southport  
Merseyside PR8 6HQ

T 01704 517 810  
E [info@southportcommunitycentre.org.uk](mailto:info@southportcommunitycentre.org.uk)  
W [southportcommunitycentre.org.uk](http://southportcommunitycentre.org.uk)

## Company and Charity Registration

Registered in England and Wales  
as a Company Limited by Guarantee No: 2832920.  
Registered Charity No: 1024546

## Auditors

BWM  
Castle Chambers  
43 Castle Street  
Liverpool L2 9SH

## Bankers

HSBC  
197 Stanley Road  
Bootle  
Merseyside  
L20 3DX

## Investment Managers

Rathbone Greenbank Investments  
Port of Liverpool Building  
Pier Head, Liverpool L3 1NW

## Charity Legal Advisers

Brabners Chaffe Street  
Horton House  
Exchange Flags  
Liverpool L2 3YL

## Principal Insurers

David Edwards Insurance Brokers  
1 Rotten Row Barns  
1957 Warwick Road  
Knowle, Solihull  
West Midlands B93 0DX

## Board of Directors

- Liz Barnett (Chair)
- Mark Sonne (Vice Chair and Treasurer)
- Dave Roscoe
- Simon Sharman
- Paul Cummins
- Valerie Elson
- Dr Mike Homfray
- Paulette Lappin
- David McGregor
- The Venerable Pete Spiers
- Brian Thomas
- Nichola Speed
- Romils Matthew

## Company Secretary and Chief Executive

Angela White (Carter) OBE FRSA

## Sefton Council Representatives In Attendance

- Cllr Janet Grace
- Cllr John Pugh
- Cllr David Robinson

## President

Mark Blundell DL  
Lord-Lieutenant of Merseyside

## Patrons

- The Worshipful the Mayor of Sefton
- Colonel Martin G C Amlôt OBE OSTJ DL FRSA



“CVS networks and forums are particularly valuable in enabling our charity to shape our offer to increase the benefit to our service users by collaborating with other organisations and avoiding duplication of activities.”

### *Parenting 2000*

---

“Thank you for listening and for all your help and support. It really helps talking to other people as I don't have anyone in the house who I can talk to.”

### *Client of the Community Cancer Navigators*

---

“Being involved in networks and forums facilitated by Sefton CVS is massively important for me and the organisation that I represent. It breaks down barriers and allows me to connect and work collaboratively with others who share a similar goal.”

### *Venus*

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“I would say if you are thinking about volunteering but you aren't sure, then just go for it! It improves your lifestyle and you meet new people. I enjoy passing knowledge on to others and this gives me a purpose. Volunteering encourages community spirit and builds a better society.”

### *Client of the Volunteer Centre*

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“All the organisations involved felt the events were well attended and they also felt that the partnership working was really invaluable.”

### *CYP*

---

“Being involved in the networks means that groups and individuals know about the Samaritans and how we can support people and the local community, and as a local branch we are aware of support services for callers who are resident in Sefton who may need specialised support.”

### *The Samaritans*

---

“Thank you. Your service and advice have been brilliant.”

### *Client of the Health and Wellbeing Trainers*



**Sefton CVS**  
Supporting Local Communities

2022

3rd Floor Suite 3B, North Wing,  
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Waterloo L22 0LG

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The information contained in this annual  
report is available in different formats on request.

Produced by  
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