



The
Sefton Partnership
for older citizens

WISHING YOU A MERRY CHRISTMAS DECEMEBR 2023

Notes form the December meeting

**DECEMBER 15TH 2023
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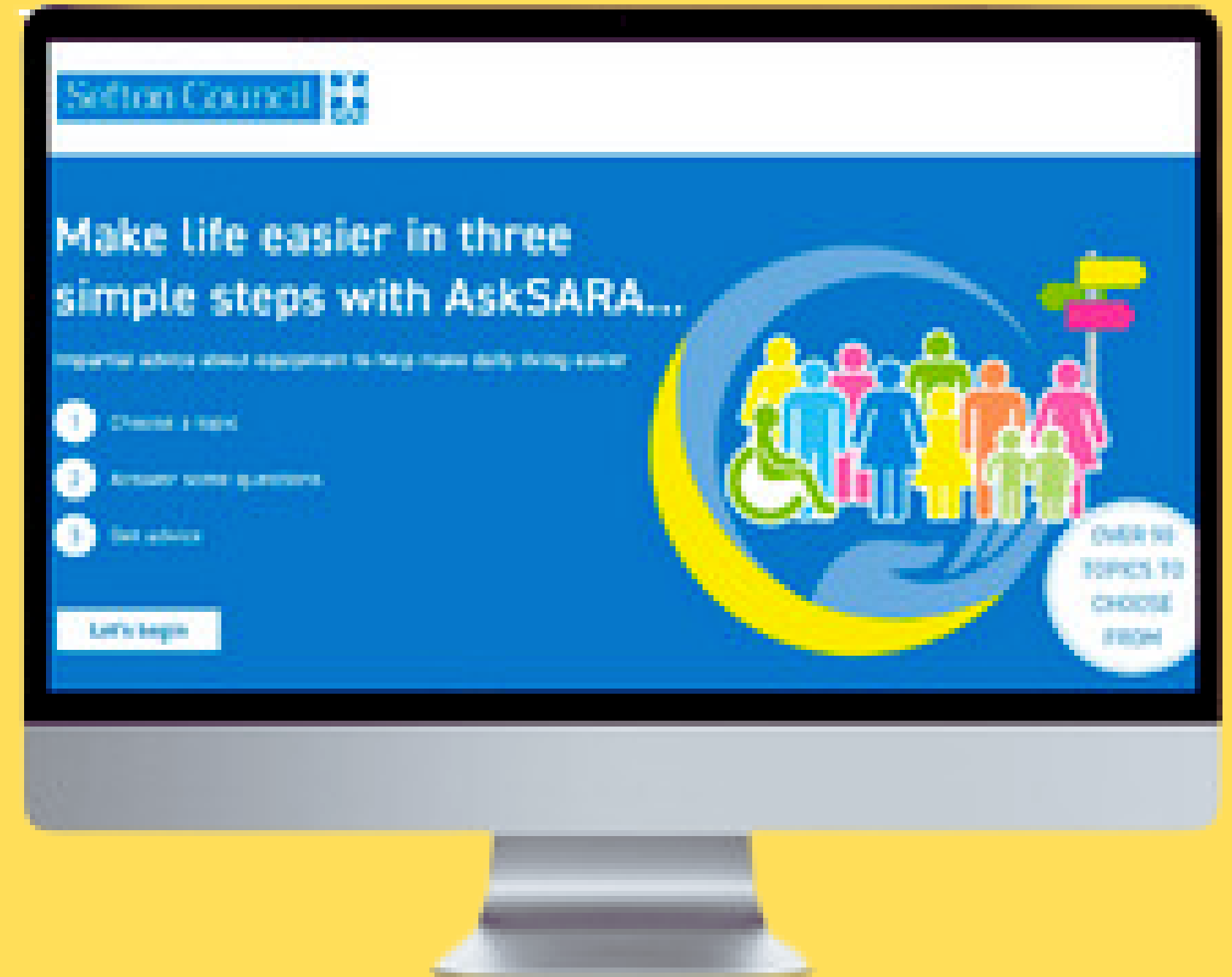
Technology Enabled Care

Aging Better Conference Report

Information Exchange

Technology Enabled Care

Hits on the ASK Sara website have exceeded expectations with more than 2000 per year from Sefton. You can use ASK Sara to identify needs and find products that can assist with those needs. This is an excellent tool and well worth a look if you know any one who is struggling with living at home, it can be something as small as opening a tin or taking the lid of a jar. Ask Sara contains information about products that support independence and assist people to live well in the community.





Technology Enabled Home First

Staff within the local authority are being trained to better understand the opportunities that technology offers to support people to live safely at home. As this training is rolled out there may be more opportunities for more organisations to up skill staff. This technology can be used to monitor changes in a person's circumstances which can then be used to alert services of the need to intervene. For example it can highlight that a person has turned over in bed and may be at risk of falling which can alert a carer to check on the person concerned.

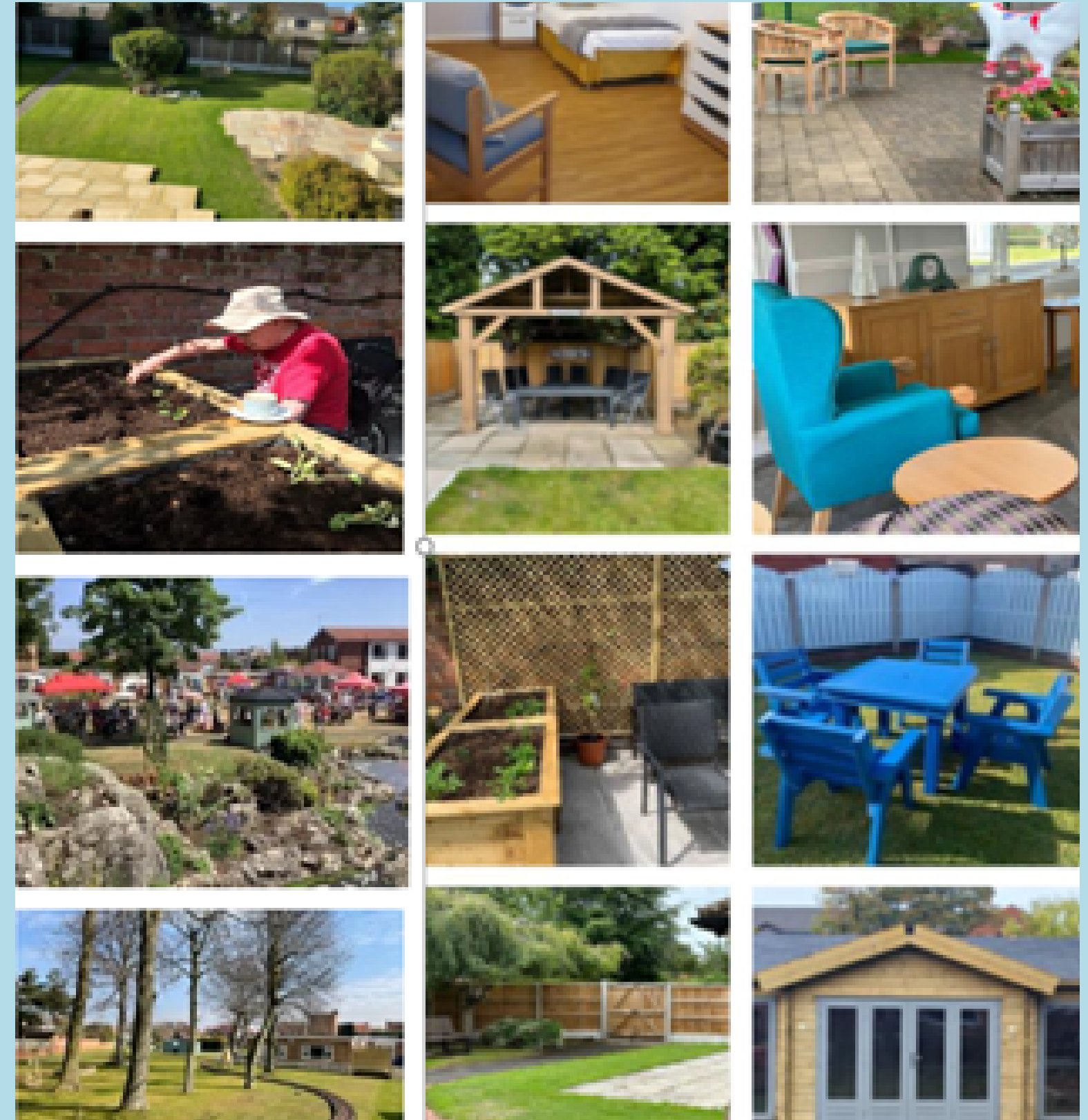
Brain In hand:

Brain in hand is an app that enabled users to plan for social situations that might otherwise be challenging. The app has been piloted with young people who have autism or are neuro-diverse. Users of the app have seen it as liberating, enabling them to travel freely where they might not otherwise have been able to do so.



Care Home Capital Grants :

Sefton Council have invested over £1,000,000 in improvement to Care Homes. Many of the care homes have requested funding to support them with new technology both in patient care records and in aids and adaptations to improve the quality of life of cares. the grant has been used for a variety of improvements not just tech.



Center for Aging Better

Annual Center for Aging Better Conference

At the conference Sir Michael Marmot spoke about the inequalities experienced by older people. The State of Aging Report was launched identifying the challenges faced by older people across the country. [click the reprot to find out more.](#)



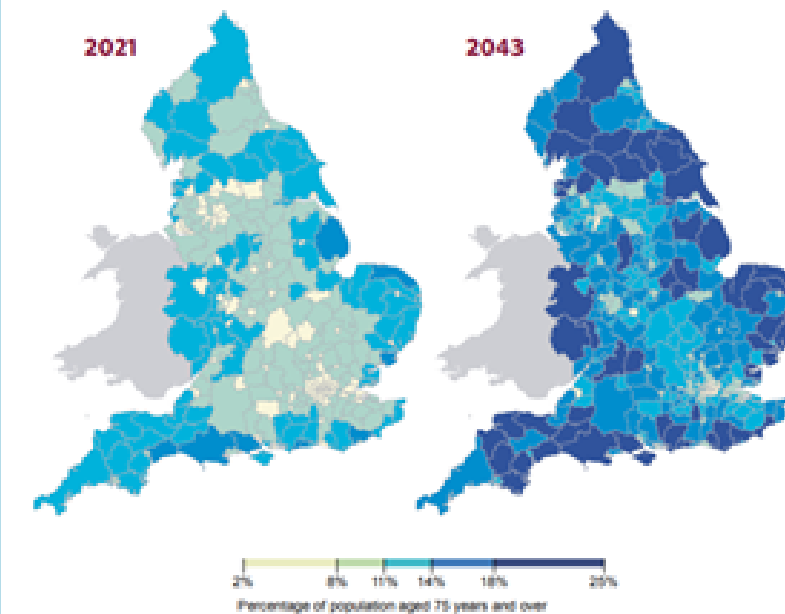
Center for Aging Better

Ageism Action Day 20th March 2024

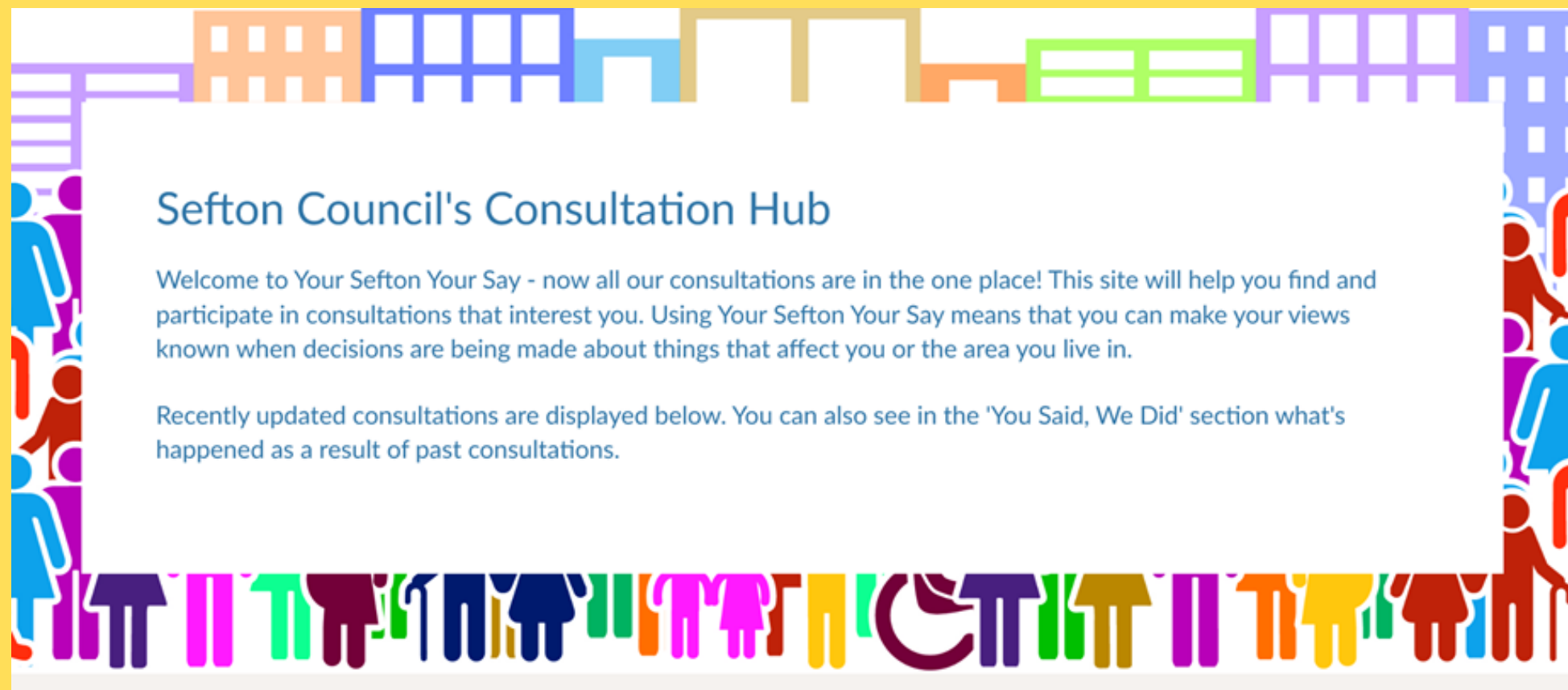
In addition Center for Ageing Better have launched an Ageism Day of Action Grant to support local communities to take action on 20th March 2024.

In addition you may find this years Chief Medical Officer Report interesting with its focus on ageing

Chief Medical Officer's Annual Report 2023 Health in an Ageing Society



Sefton Council All Age Carers Strategy Consultation



From Thursday 23rd November 2023 to Sunday 18th February 2024, the Draft All Age Carers Strategy is out for consultation. They would like to hear from people who look after a family member, friend or loved one to help to shape the final strategy

A poster for the Sefton Council All Age Carers Strategy Consultation. It features a teal header with the text "Do you look after someone who couldn't manage without your help? We'd like to hear from you!". Below this, a photograph shows a group of people walking along a beach. The text "Sefton Council is creating a new all-age Carers Strategy. We want to hear from people who look after a family member, friend, or loved one and have your help to shape the final strategy." is displayed. A teal box contains the dates "Consultation is open from 23rd November 2023 - 18th February 2024". At the bottom, there are logos for Sefton Council and Carers Trust, a phone number "0151 934 2888", a website link "sefton.gov.uk/carers", and a QR code.

Do you look after someone who couldn't manage without your help? We'd like to hear from you!

Sefton Council is creating a new all-age Carers Strategy.

We want to hear from people who look after a family member, friend, or loved one and have your help to shape the final strategy.

Consultation is open from
23rd November 2023 - 18th February 2024

Find out more

0151 934 2888

sefton.gov.uk/carers

Sefton Council CARERS TRUST Sefton Carers Centre



Sefton CVS
Supporting Local Communities

If you would like to find out more information about SPOC please contact Jan Campbell via email:

jan.campbell@seftoncv.org.uk

Our next forum is on 13th March at Crosby Library 2.30pm till 4.40pm