



SEFTON HEALTH & SOCIAL CARE FORUM

Notes from the meeting

Meeting Date | March 2024

Future Meetings



In Person

The Lake House

Cambridge Road

Waterloo

L22 1RR

Third Wednesday every other month
Next meeting 15th May 2024

10.00 am till 12.00 Noon



SEFTON HEALTH & SOCIAL CARE FORUM

Content

Combatting Drugs Partnership Strategy

Emma Conning (Public Health Sefton)

Complex Lives & Complex Families: What We Know

Gina Harvey & Jan Campbell (Sefton CVS)

Health & Wellbeing Board Update

Andrew Booth (Sefton Advocacy)

Change Grow Live Presentation

Mindy Johnson & Kelly Miller (CGL)

Information Exchange:

Drug & Alcohol Awareness Training

Dementia Action Week/Dementia Friends Training

Meeting Attendees

Present were representatives from:

- Sefton CVS
- Mersey Care
- Change Grow Live
- Beacon Gambling Trust
- Sefton Public Health
- Active Minds
- Sefton Advocacy
- Parkhaven Trust
- Aintree Training
- Merseyside Fire & Rescue
- Mencap Liverpool
- Conquer Life



Peer to Peer organisations

People First Merseyside have taken the lead on the sub-group for Peer to Peer organisations. Work is ongoing to create a survey.

If you know of any peer to peer organisations in Sefton, or you would like to join the group, please e-mail jan.campbell@seftoncvcs.org.uk



Easy Read Place Plan

Sefton Place Plan is now available in Easy-Read version.

Click the image at the side to read the Sefton Place easy-read Plan



Combating Drugs Partnership

Emma Conning (Public Health Sefton) presented at the forum regarding the Combating Drugs Partnership. Sefton Health & Social Care Forum is one of the reference groups for the partnership. [Click here](#) to view the full presentation.

The UK Government's 10 year drugs plan was published in December 2021 and outlined the main priorities, for the next decade:

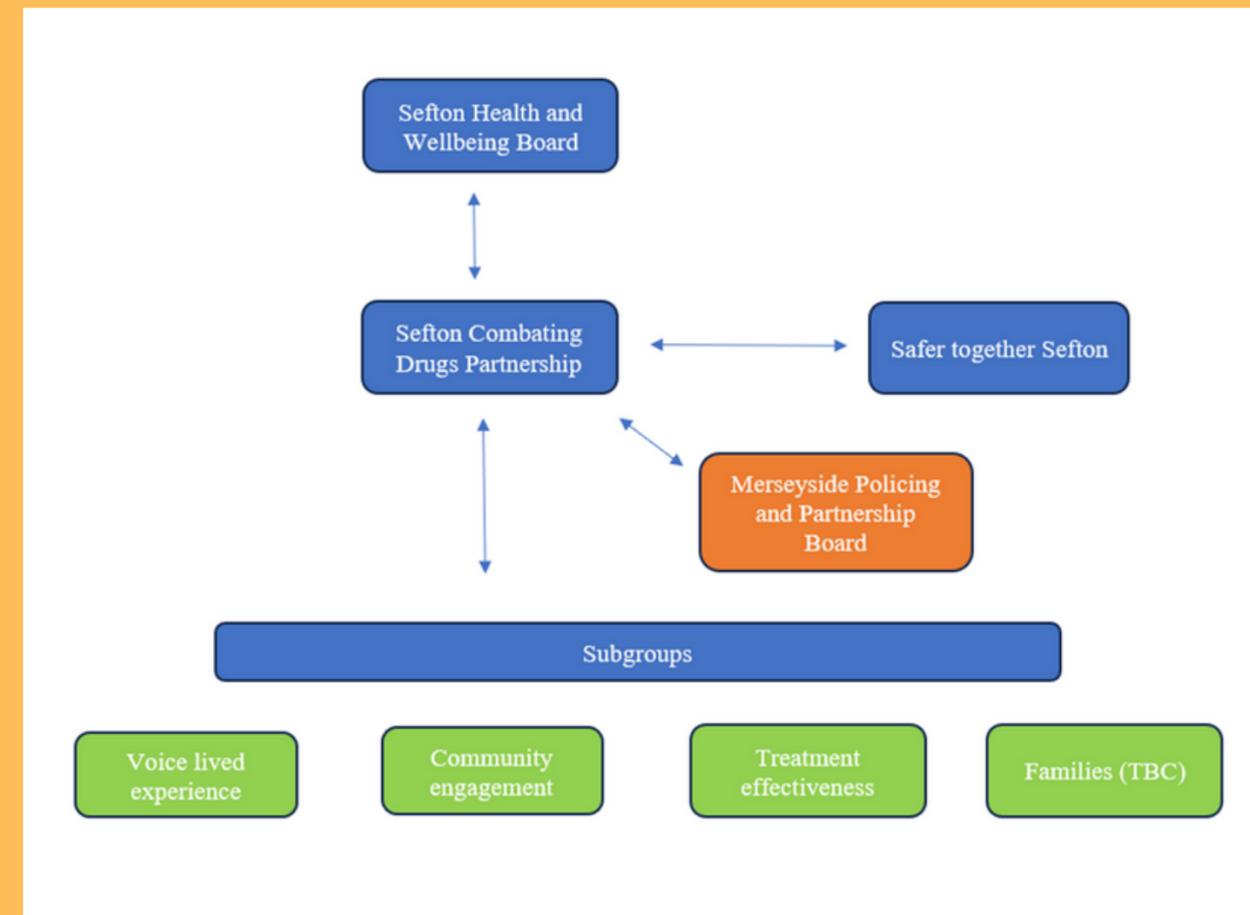
- Partnership & Accountability
- Deliver a world-class treatment and recovery system
- Break drug supply chains
- Achieve a shift in demand for recreational drugs.
- The plan combines greater investment in treatment programmes, both in the health service and the prison service, alongside the tackling of drug supply.

In line with the Partnerships in the other Merseyside areas the nominated local Senior Responsible Owner (SRO) is the Director of Public Health

- The Sefton CDP is accountable to the Health & Wellbeing Board and reports to the Safer Sefton Partnership and the Merseyside Police and Crime (PCC) Commissioner. The SROs attend quarterly meetings with the PCC office quarterly reports are submitted.

- The CDP will be visible and accountable for their actions, both to residents and central government via the National Joint Drugs Unit (Home Office.) The Sefton CDP has a space on the council website where information and updates will be posted.

Combating Drugs Partnership Sub-groups



Combating Drugs Partnership

Next Steps

- Sefton's Combating Drugs Partnership will monitor performance against the Combating Drugs Outcome Framework and will report on the partnership's performance and delivery into central government, Merseyside PCC and Health & Wellbeing Board as required.**
- Locally a cycle of review and performance dashboard have been agreed in accordance with national guidance.**
- The CDP will track delivery of the national drugs plan, locally setting plans that demonstrate where investment has gone and how it is making a difference to communities and individuals.**
- Partnership members will communicate and promote local plans/activity across the borough, to secure active contribution and engagement from communities and stakeholders as appropriate.**

Complex Lives & Complex Families

Gina Harvey & Jan Campbell presented the data gathered by System P to illustrate what data has been collected in relation to Complex Lives.

System P is the whole system approach to addressing multiagency, multisector challenges that negatively impact population health.

Through actions informed by the data, it is hoped that transformational change will be delivered in service provision

This data is GP Practice data, the majority of GP practices in Sefton have signed up to the programme.

[Click here](#) to view the presentation in full.

Complex Lives & Complex Families

People are defined as belonging to the Complex Lives if they have:



In NHS South Sefton CCG 899 individuals (0.6% of the population and 0.4% in Southport & Formby) were identified as belonging to the Complex Lives segment

Complex Lives & Complex Families

Key Figures:

98% of people who fit the definition of Complex Lives have a Long-Term Condition.

21% of people in South Sefton who have Complex Lives have a child under 18 in the household.

Mean average age of individuals is 46 (interquartile range from 35 to 56). Average age of 49 in S&F
Gender splits within the segment are 54% male and 46% female. Same split in S&F

71% of the segment live in the most deprived quintile however only 37% are in the quintile in S&F

From available data there were on average **0.17** of the Complex Lives segment known to social services in the last year. More than the total population where the same figure is **0.03**. However, social services data should be viewed as indicative and treated with caution. A recent review of the data indicated concerns with the data and further work is already underway to improve the consistency and quality of social care data.

Complex Lives & Complex Families

Table Discussion Feedback:

What works well to support people with complex lives – individuals / families?

- There is a service available in Sefton to support all Complex Lives criteria
- Newly introduced Complex Lives MDT in south Sefton; being rolled out into Southport & Formby in coming months.
- Info sharing & joint planning
- Agencies are more responsive and professionally curious.
- In-person meetings rebuilding connections.
- CGL, social prescribers etc provide excellent services.

Complex Lives & Complex Families

Table Discussion Feedback:

What is missing from the picture as organisationally or as individuals living with complex lives, or as an adult in a complex household?

- Integrated monitoring systems (such as EMIS, Rio, etc); makes integrated working harder
- flexibility in services / needless barriers; Melanie gave example of supporting a person at risk of homelessness (through no fault eviction) who would meet CL criteria.
- Other addictions such as gambling
- Other factors affecting this cohort; lots of numeracy & literacy issues with little support provided. Means they face more health inequalities.
- Single point of contact for Complex Lives issues.
- People with diverse ethnic backgrounds face additional barriers to accessing support
- Opportunities to interact with commissioners.
- Coherence across organisations

Complex Lives & Complex Families

Table Discussion Feedback:

What can we test?

- could test bringing in gambling related harm
- What do the people with 'Complex Lives' want? And how do we allow them the space to express that.
- Health & Social Care Forum to organise a marketplace for organisations that work with Complex Lives to network and understand the offer available.
-



**Change
Grow
Live**

CGL is the Sefton provider for drug & alcohol services with locations in Bootle & Southport.

The service is not abstinence based, it is a harm reduction service.

Services provided include:

- Needle Exchange
- Opiate withdrawal support including Methadone & recently Buprenorphine.
- BBV Testing - Hepatitis C has now nearly been eliminated from client cohort
- Community Detox programmes
- Can help access rehab facilities.



**Change
Grow
Live**

Every client receives a health and wellbeing assessment by a nurse. An alcohol assessment is offered when indicated.

Referrals can be taken in various forms including professional referrals, self referrals and the client will receive a response within one week of referral.

Training is available for professionals including in the administration of Naloxone. This treatment is for opioid overdoses, for more information on this training please contact CGL.

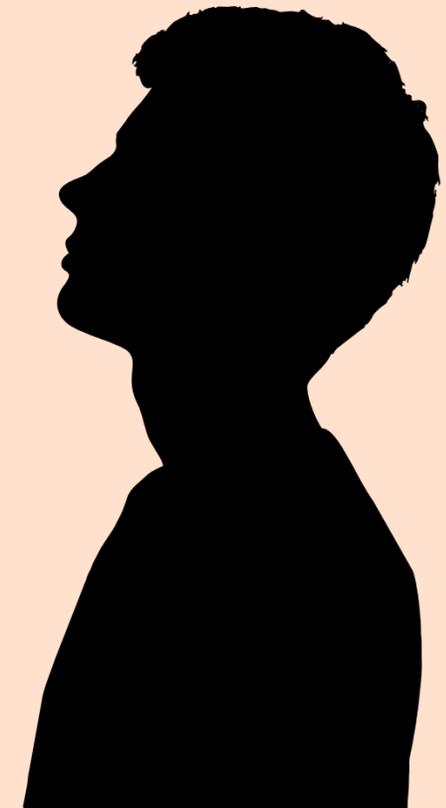
If you wish to book on to the training, [click here](#).



**Change
Grow
Live**

One of CGL's recovery support workers presented a case study based on a client.

The details of the case illustrated a client struggling with alcohol and substance misuse resulting in relationship breakdown, separation from family and friends and homelessness. The picture of despair was shocking, however the recovery of this gentleman, with the support of CGL, is a testament to good recovery work. It was revealed at the end of the presentation that the recovery worker was once the service user who is now using their past experience to help and support others.





SEFTON HEALTH & SOCIAL CARE FORUM

Members of the HSCF are invited to find out more about Assessment, Treatment and Engagement in Drug and Alcohol Services in Sefton. How do people move from early recovery to sustained recovery.

Training Dates and times

Thursday 25/4/24 10am - 1pm Book Now

Thursday 16/5/24 10am - 1pm Book Now



Sefton CVS
Supporting Local Communities



Change
Grow
Live

Drug and
Alcohol Service
Sefton



Dementia Action Week

13-19 May 2024

During Dementia Action Week, members of Dementia Friendly Sefton will be hosting events across the borough.

These events will provide signposting information and general support, in addition there will be Dementia Friends Awareness sessions running during the day:

Monday 13th May @ The Atkinson, Southport

[Click here](#) to book on to the 11am session.

[Click here](#) to book on to the 2pm session.

Tuesday 14th May @ Bootle Library

[Click here](#) to book on to the 11am session.

[Click here](#) to book on to the 2pm session.

Thursday 16th May Maghull Town Hall

[Click here](#) to book on to the 11am session.

[Click here](#) to book on to the 2pm session.



SEFTON HEALTH & SOCIAL CARE FORUM

If you would like to find out more information about the Health and Social Care Forum please contact:

Jan Campbell

jan.campbell@seftoncvss.org.uk

Our next HSCF is on **May 15, 2024**

To book your place, please [click here](#)

<https://seftoncvss.org.uk/networks-and-forums/health-and-social-care->



Sefton CVS
Supporting Local Communities