



**Sefton CVS**  
Supporting Local Communities

## **Thrive Network Sefton – Meeting Tuesday 4 March 2025 Meeting**

### **Sefton Carers Centre - Waterloo**

#### **Welcome and Introductions**

Sharon Cotterall (Strategic Lead for Children and Families at Sefton CVS) welcomed members to the meeting. Each member introduced themselves.

#### **Present**

Bob Wilkinson (Samaritans), Erin Bennett (Buddy Up), Vicky Harris (Sefton Carers Centre), Katie Enstone (Career Connect), Hayley Coggins (Shine Project), Nikki Thomas (Venus), Neil Hayes (Ykids), Cormac O'Carroll (CVS) and Georgia Ribbens (Young Advisors).

#### **Apologies**

Chris Debar (Active Sefton), Janine Lloyd (Parenting 2000)

### **Workshop**

#### **The Future of The Thrive Network**

Sharon updated the group that the Sefton Children and Young People's Emotional Health and Wellbeing Board had restarted. They have new membership (Sharon is a member). They are developing new Terms of Reference and a new Strategy. This is a good time for us to reboot as a network and be able to feed in and out of the board.

#### **What do we need?**

- Strapline saying what we are/do
- New Terms of Reference
- To provide collective responses from the network
- Update each other on what is happening
- To be able to campaign
- To be a consultancy group
- To hold events to raise awareness

#### **What should we ask the wider network?**

- What free meeting space they have available

## **Who is missing from our meetings?**

- SWACA – Jane Scott SC to contact
- ADDvance Solutions – Vanda Reeves SC to contact
- Team Around the School – SC speak to Deb Core
- MHST – SC to speak to Catherine Brindle

## **How do we want to meet?**

The consensus was face to face with a video link option four times each year linking to the board

## **How long should the meetings be?**

The consensus was 1 hour 30 minutes with an option to continue to network for 30 mins

## **Who has space we can use for face to face/virtual link meetings**

- Sefton Carers Centre
- Career Connect Room 12
- Ykids
- Marie Clarke?
- Venus
- Family Wellbeing Centres
- Parenting 2000

## **What did members say the meeting today had made them feel/think**

- Connections
- We are all in agreement
- Fresh view for the future
- Passion
- Vision and understanding
- Dedication
- Unity in purpose
- Hope

