

Useful Dementia Advice



Alzheimer's Society provides user friendly factsheets, information and advice on different types of dementia, living with the condition, and support services.

<https://www.alzheimers.org.uk>

Alzheimer's Dementia Support Line:
[0333 150 3456](tel:03331503456)

Access hours:

- Mon - Wed: 9am – 8pm
- Thurs - Fri: 9am – 5pm
- Sat - Sun: 10am – 4pm

Dementia UK provides information on dementia and support provided by their Admiral Nurses to families affected by the condition.

<https://www.dementiauk.org>

Alzheimer's Research UK provides the latest on treatment, prevention and research breakthroughs.

<https://www.alzheimersresearchuk.org>

NHS website (England) provides comprehensive information on the symptoms, diagnosis, treatment, and support services available for dementia.

<https://www.nhs.uk/conditions/dementia/>

Age UK provides information and advice tailored to older people, including living well with dementia, care information, and links to support services.

<https://www.ageuk.org.uk>

Lewy Body Society provides information on this specific form of dementia and link with Admiral Nurses for help and support.

<https://www.lewybody.org/>

Carers UK provides information, advice and support for carers.

<https://www.carersuk.org>

Helpline: [0808 808 7777](tel:08088087777)

(access hours: 9am–6pm, Mon–Fri)

Online discussion forum

www.carersuk.org/forum

Dying Matters (Hospice UK) provides information to help people talk about death, dying and bereavement.

<https://www.hospiceuk.org/our-campaigns/dying-matters>

Marie Curie provides care and support for people living with any terminal illness, and their families.

<https://www.mariecurie.org.uk>

Help Line: [0800 090 2309](tel:08000902309)

(access hours: 8am–6pm Mon–Fri, 11am–5pm Sat)

National Museums Liverpool House of Memories is a museum-led dementia awareness programme which offers training, resources, and museum-based activities to help carers care for people living with dementia.

<https://www.liverpoolmuseums.org.uk/house-of-memories>

